

Subject: A+ Attitude Success Tips - Stay Positive in Negative Env.

ATTITUDE TIPS EZINE from Janice - the lady with 'nice' in her name
Please check you have my new email address janice@attitudespecialist.co.nz
Thanks

If you want to be Motivated, Inspired, Learn and be a Success, read on:
Help me help others and pass this on to others who need an Attitude boost.
Thanks

To remove yourself form the list please check bottom of email.

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Risk Takers & Courage produces Winners

Reaching your business/work/personal/family or health goals can sometimes be a challenge. Part of your success lies in overcoming your greatest weakness.

You need to learn about yourself, personality and have done a personal SWOT analysis and analysed your strengths and weaknesses.

An entrepreneur is a creative right-brained thinker with constant new ideas.

It's utilising the left-brained logical actions that will ensure success.

At the recent Thrive conference in Auckland, every business person who spoke mentioned the highs and lows of their business.

One constant message was the courage to keep going when the going got tough.

Another was risk taking like Karen Walker the fashion designer, who choose

her career path as a youngster and followed her dream. Both her creativity

and risk taking are traits of creative, right brained thinking.

If you're not achieving and want to. Contact me now and register for my weekly quote or for on-line coaching. <mailto:janice@attitudespecialist.co.nz>

Stay Positive in a Negative Environment (email me for more tips)

Are you sick and tired of seeing negativity everywhere you look? If so...look somewhere different! And the first place to start is in your own head.

The choice is yours - but just choose POSITIVE.

If you've got negative people at work - keep away from them. as much as possible
Negative people like to spread doom and gloom You have a choice whether you listen.
Maybe you have to eat at your desk instead of the lunch room, but reading an inspiring book while you eat is more uplifting and positive than seated with miserable people.

You've made a choice about your physical location, but your mental location will be 100% improved.
Email me <mailto:janice@attitudespecialist.co.nz> for The Choice poem.

Freedom in your Workplace - Freedom FROM and Freedom TO

To be free means to be "free from" anything that keeps us from achieving our maximum potential, everything that weakens us or tends to make us less than the most we are capable of being.

And it also means "free to" grow, to experience more of life, to achieve mastery and dominion over your thoughts, to be free to develop and express your creative potential.

Sometimes freedom is not easy. It comes only with growth, strength and the power to stand firm. It comes only with mastery and mastery comes with discipline.

So, if you're like the person I mentioned above, make that choice of freedom FROM negative people at work to lunching elsewhere but creating Freedom TO achieve your goals. Available is a book: Beating the Monday Blues - \$15 plus p&p

UNET+ Neural Networking Group Success.
Mini Mastermind and Think Tank's are springing up around Auckland in the

form of
UNET+, a neural networking group. Meeting monthly at popular coffee shops
around
Auckland, business people frequent these groups. the 90 minute meetings
combine
mentoring, networking peer support and brainstorming. Supported by EMA
email
<mailto:janice@attitudespecialist.co.nz> for more information.

New Zealand's First National Self Esteem Day 7 JULY 2004

This week, I'll be contacting the media soon for more ideas from the
general public for this day.
I'm planning 5 activities to boost your own Self-esteem, 5 ideas to boost
Another
Persons, and 5 goals or fun activities you can do for yourself, others or
the community.
I'm looking for any companies that are interested in sponsoring posters
for the day.
If you know any interested companies, please let me know. For more
information
click on www.attitudespecialist/self-esteem.shtml

Successful Single Parenting Book
It's taken 7 years and this book includes information about single
parenting, win/win
relationships, communication, personality styles and loads more.
If you know other single parents, either family, friends or work
colleagues,
let them know, this book is full of tips. Available soon, register and
email me
<mailto:janice@attitudespecialist.co.nz> for a forthcoming copy.

Freebies
If you're having challenges with goals, work/life balance, motivation or
attitude
check my website for free articles or register for my free weekly quote.
or email for some free attitude cards
<mailto:janice@attitudespecialist.co.nz>
Remember: The right attitude is a positive attitude and keep working
towards your success.

To unsubscribe, please return email with the word UNSUBSCRIBE

Thanks for sharing time with me. Enjoy your day.

Kind Regards

Janice

JANICE DAVIES - the lady with 'nice' in her name ATTITUDE SPECIALIST

WORLD FIRST!!!! 7 JULY 2004

NZ'S FIRST NATIONAL SELF-ESTEEM DAY

Organised by JaniceEmail janice@attitudespecialist.co.nz for more details

or www.attitudespecialist.co.nz/self-esteem.shtml

Professional Speaker * Success Coach * Trainer * Facilitator * Author * MC

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ASM - Accredited Member of National Speakers Association of NZ

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