

## Richard Gee

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**From:** The Rare Spirit [thespirit@spiritmailer.com]  
**Sent:** 20 July 2006 20:44  
**To:** Richard  
**Subject:** Richard Take time to "Look Inside" spiritmail21072006



**"If you can imagine it, you can achieve it  
 If you can dream it, you can become it." WILLIAM ARTHUR WARD**

### Look Inside - Wisdom of Denis Waitley July 21st, 2006

Earlier today, within 30 minutes of each other, two friends who have offered great support to me over the last year or so rang and related situations that re-inforced my belief that good things take time, yet bad things happen in an instant.

In one case, shortness of breath had lead to a heart procedure which hopefully will be life saving... none the less a giant wake up call. And in the other, external influences threaten a life time of work. And my input will be an understanding ear as we share a merlot.

So, it is with particular relevance that this piece by **Denis Waitley** is shared with you all:

#### Look Inside

When the prize seems high above you  
 And your mirror doesn't love you  
 Look inside

When the road to gold gets steeper  
 And your diamond's buried deeper  
 Look inside

Light a candle in your mind  
 Untold riches you will find  
 When you look for treasures  
 Look inside

When you're running low on laughter  
 And can't reach the goals you're after  
 Look inside

When your body starts complaining  
 And the clouds of doubt keep raining  
 Look inside

Close your eyes and then believe it  
 Trust yourself and you'll achieve it  
 When you're seeking answers  
 Look inside

Enjoy this issue of **The Maverick Spirit...** That's it for today, until next time, continue to enjoy being a free spirit in a complicated world...

Wayne Mansfield

**P.S.** Did you ever wonder when the word "**wowser**" was first used... probably not but I am going to let you know anyway. It was used by **John Norton** who was editors of **The Sydney Truth** and he used it to describe a fellow Sydney City Councillor Alderman Waterhouse who he called:

*'white, woolly, weary, watery, word-wasting wowser from Waverley.'*

**P.P.S.** Talking about **significant firsts**, the first **KFC** was in Guildford in **1968**, the first **Pizza Hut** was in Belfield in **1970**, and the first **McDonalds** was in Yagoona in **1971**. We had a rest from the invasion of **American fast food giants** until the first **Starbucks** opened in Sydney in **2000** and for those sugar addicts **Krispy Kreme** arrived in Penrith in **2003**. Strange all were started in NSW.

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### And for something really different:

Visit my daily thoughts blog at [www.waynemansfield.com](http://www.waynemansfield.com) where you can leave comments and ideas on stuff that doesn't make it to **The Rare Spirit** have a read of some great stuff about **The Desert Mums** four remarkable mums who conquered the **Simpson Desert**.




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### Life's Little Instruction Book

When starting out, don't worry about not having enough money. Limited funds are a blessing, not a curse. Nothing encourages creative thinking in quite the same way.

Become the most positive and enthusiastic person you know.

**Source:** H. Jackson Brown, Jr **Life's Little Instruction Book**

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### MAVERICK QUOTE OF THE DAY

"One who fears failure limits his activities."

**Henry Ford**



**Samuel Maverick** (1803-70)  
Texan rancher who, when branding of stock was introduced chose **"Not to Brand."** Every unbranded horse or cow he then claimed as a **Maverick!**

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**Feedback:** I have selected a couple of words for today... and I hope to hear from you soon with your words of encouragement, wisdom and resolve.

### Of the Two Tenors.. whether it is an urban myth or not:

Wow!! what a story... who would ever have known... but even more so.....to be on stage and ask for "forgiveness" is even more astounding in these day and age.

**Jude**

**From the Desert Mums:**

**Wayne,**

Thank you so much for your support of The Desert Mums. Together we have raised over \$120,000 for breast cancer research and hopefully inspired 'breast awareness'. Thank you for your donation, editorial support, belief and willingness to be a part in something pretty incredible.

Best wishes and much love  
**Debbie Shiell**

**From a long time supporter who missed the name change:**

**Wayne**

I found Rare Spirit by accident, so I confess, I was not aware of the change of name. When did that happen ? I have been very much pre-occupied with a great old friend who is now slowly slipping in to Dementia. Comes from the UK and has no relatives here and few friends.

Yet he held down a vital job until his retirement which was quite a few years ago as he is now 81. At the time when Mail Centres around the country were almost all suffering Union Troubles as a result of the introduction of mechanical sorting equipment, this man travelled around the country training all the staff at each Centre and was always appreciated and suitably thanked at each and every one of them - yet he remains virtually unknown.

He should have received a gong but was always very modest.

"They also serve who only stand and wait" where did that quotation come from ?

Keep it up

**Jack**

### **Of Soccer and The World Cup**

We can learn a vital lesson from the Socceroos. Life can be pretty unfair and sometimes you get penalized for something you didn't do. But we need to roll with the punches. When the going gets tough, the tough gets going! We must learn to respond, not react. Don't allow disappointments to make you bitter; work through them to become even better next time.

**Benny Tan**

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Until next time then... enjoy being a free spirit in a complicated world.

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