

Richard Gee

From: Phil Evans [peoplemail@peplestuff.com.au]

Sent: 16 July 2006 19:07

To: richard@geewiz.co.nz

Subject: Richard - PeoplEmail from Phil



Hi there Richard

"The greatest thief this world ever produced is procrastination, and he is still at large."

Henry Wheeler Shaw (1818-1885), Humorist.

Merry-go-Round of Life

This amazing quote reminded me of just how many people are still riding a Merry-go-Round that they've been on for far too long. Other people have come and gone; new experiences have led the others to try other games in the Playground of Life. But these people are still stuck on the same old round and round, up and down experiences! When they first jumped onto this ride it was exciting; it was new fun; but it has grown mundane and boring over time! It is now a total rut!

Ruts are really graves with the ends kicked out of them!

What keeps these people stuck?

Usually a few things: Fear, self doubt, laziness, bad health, too old in their own minds but in most cases it is that thief of success known as procrastination!

Procrastination can only be given power if allowed to survive!

Procrastination thrives on the other reasons for not moving forward as listed above.

Those other excuses are as important as the need for oxygen for procrastination to keep existing!

Perhaps it's time to stop feeding this mongrel habit (?).

That's what it becomes after some time of thriving in someone's life a habit!

There are so many new adventures to be had out there in the Playground of Life, but they can't be accessed while anyone is perched on the same old horse that's going up and down, round and round, on that old familiar Merry-go-Round that they may be stuck on.

Challenge those fears!

Rid yourself of self-doubt by doing some work on your self esteem!

Get into an exercise routine to combat laziness!

Do the best you can if your health is standing in the way!

If you're not in your grave - then you're not too old to play a new game!

Get off that stale old Merry-go-Round today - 'cos there's a Ferris Wheel waiting to be ridden; a Roller-Coaster to be experienced; or maybe even the Dodge'em Cars might get you in!

Perhaps you might just like to roam around the Playground looking for new opportunities (?).

It doesn't matter what it is you do - but create some change - and do it now!

Yes today!

And one other thing: Take care of your body where else are you going to live?

Footnote: I have actually spent almost 5 full days just replying to the countless emails wishing me good luck, prayers for healing, a full recovery after hospital on Tuesday etc. I am overwhelmed by this incredible experience! Thank you ALL!

And one last special request came from a dear friend in Perth, who wishes to remain anonymous, and he asked me to share this with my 'audience' today. He called it a Prayer for Phil

A Prayer for Phil

As you know, our friend Phil goes into hospital Tuesday for some heart treatment. This gives us all the opportunity to support him through his experience by prayer or positive affirmations. Not only will this help Phil, at a time when he will really benefit from our best intentions, but it will help us all to grow as a community, and wonderful things will grow from that.

Can I suggest that on Tuesday at 10am and 3pm, your local time, you pray for Phil. If your usual spiritual practice does not include healing prayer, then just do your own thing, in your own way. This is an excellent opportunity for us to practice a positive prayer and see the results! Try something like this, that fits in with your own spiritual path, "I AM, with every good intention, praying for full and complete healing restoration for Phil Evans. Bless him with healing, and bless me with understanding."

Thank you Ken!
(from Phil).

"True Happiness in life isn't having what you want - but wanting what you have"!

I'll be back soon - meanwhile

Get off that dreary, boring ride you're on - and try a new exciting one!

Be yourself - and be good at it!
Learn the Art of Being You!
Stay in your own power - and enjoy it!

Have a great week of being good to yourself and others.

Remember: "What others do or say is their stuff; how we react, or not, is our stuff"!

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Making a POSITIVE difference

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